

E: Nursing Practice

Major Competency Area: **E**
Nursing Practice

Priority: **One**

Competency: **E-1**
Critical Thinking

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-1-1 Demonstrate knowledge and ability to apply critical thinking concepts throughout the nursing process.**
- E-1-2 Demonstrate knowledge and understanding of how critical thinking influences clinical judgment and decision making.**
- E-1-3 Demonstrate knowledge and application of critical thinking skills in decision making:**
- identify the facts
 - research the literature
 - analyze own assumptions
 - identify and analyze the context
 - identify relevant nursing concerns and issues
 - establish level of priority of care
 - identify desired outcome.

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Competency: **E-2**
Clinical Judgment and Decision Making

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-2-1 Demonstrate knowledge of how clinical judgment and decision-making processes guide thoughts, behaviours, and relations with others.**
- E-2-2 Demonstrate knowledge and ability to assess the potential for inaccurate judgments and decisions.**
- E-2-3 Demonstrate knowledge and ability to utilize best practice in clinical judgment and decision making:**
- clearly identify the issue
 - reflect on prior knowledge, experience, and intuition when considering the current issue
 - generate a set of alternatives to address the issue
 - select appropriate alternatives based on effectiveness, efficiency, quality, and feasibility
 - establish a plan to implement the solution, including goals, outcomes, and evaluation measures
 - implement the plan
 - evaluate the effectiveness of the process and assess outcomes
 - suggest alternatives to policy and procedure of the agency to prevent or manage future issues.
- E-2-4 Demonstrate knowledge and ability to involve key stakeholders throughout the decision-making process, as necessary and as appropriate.**

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Competency: **E-3**
CPR and Code Procedure

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-3-1** **Maintain current Basic Rescuers, Level C, CPR certification in accordance with the standards of the Canadian Heart and Stroke Foundation.**
- E-3-2** **Demonstrate knowledge and ability to follow the code procedure for cardiac and respiratory arrest such as:**
- assess the need for code initiation
 - carry out code procedures until assistance is available
 - assist RN and physician / nurse practitioner and / or Code Team with managing code
 - provide support to other clients and family
 - document events of code, as appropriate.
- E-3-3** **Demonstrate knowledge of agency-specific emergency codes.**

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Competency: **E-4**
Admission Procedures

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-4-1 Demonstrate knowledge and ability to admit a client to a health care agency:**
- verify admission documentation data is accurate and complete
 - obtain the client's health history and perform health assessment.
- E-4-2 Demonstrate ability to provide client and family teaching.**
- E-4-3 Demonstrate ability to document admission data and process according to agency procedure.**
- E-4-4 Demonstrate ability to report admission data and findings to appropriate health professional.**
- E-4-5 Demonstrate ability to recognize need for emergency intervention and take immediate action.**

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Competency: **E-5**
Nursing Diagnosis

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-5-1 Demonstrate knowledge and ability to analyze the assessment data to participate and collaborate in selecting established nursing diagnosis.**
- E-5-2 Demonstrate knowledge and ability to validate and communicate the established nursing diagnosis with client, family, and health care team.**
- E-5-3 Demonstrate knowledge and ability to document the established nursing diagnosis and determine the expected outcomes and plan.**

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Competency: **E-6**
Client Transfer, Discharge and Referral

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-6-1 Demonstrate ability to transfer client within or between health care agencies.**
- E-6-2 Demonstrate ability to discharge client from facility.**
- E-6-3 Demonstrate ability to arrange internal / external referrals for client and family.**
- E-6-4 Demonstrate knowledge and ability to provide teaching and support regarding transfer, discharge, and referral to client and family.**

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Competency: **E-7**
Activities of Daily Living

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-7-1 Demonstrate knowledge and ability to assess client's ability to perform self care.**
- E-7-2 Demonstrate knowledge and ability to provide activities of daily living.**

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Competency: **E-8**
Mobility of Clients

Date: September 1, 2005

A Licensed Practical Nurse will:

E-8-1 Demonstrate knowledge and ability to assist with client mobility needs such as:

- range of motion
- ambulation
- positioning
- lifts and transfers
- exercise instruction.

E-8-2 Access additional resources and help and / or make referrals as necessary.

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Competency: **E-9**
Nutrition / Hydration

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-9-1** **Demonstrate knowledge and ability to assess nutritional / hydration status.**
- E-9-2** **Demonstrate knowledge and ability to provide feedings / hydration via all routes such as:**
- oral
 - nasogastric (NG-tube)
 - gastrostomy (G-tube)
 - jejunostomy (J-tube)
 - percutaneous endoscopic gastrostomy (PEG-tube).
- E-9-3** **Demonstrate knowledge and ability to insert and remove a nasogastric tube (NG tube).**
- E-9-4** **Demonstrate knowledge and ability to reinsert established gastrostomy tube.**
- E-9-5** **Demonstrate knowledge of components of Total Parenteral Nutrition (TPN) and its therapeutic use.**
- E-9-6** **Demonstrate knowledge and ability to monitor and regulate Total Parenteral Nutrition (TPN).**
Note: LPNs are not authorized to provide the restricted activity of administering (initiating) TPN.
- E-9-7** **Demonstrate ability to assess and monitor the client's response to TPN.**
- E-9-8** **Demonstrate knowledge and ability to initiate and provide fluids via intravenous and hypodermoclysis routes. (See Competency Band V)**

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Competency: **E-10**

Elimination

Date: September 1, 2005

A Licensed Practical Nurse will:

E-10-1 Demonstrate the knowledge and ability to care for elimination needs such as:

- urinary:
 - continuous bladder irrigation
 - distension
 - double J stint
 - incontinence
 - inserting and removing urethral catheter
 - intermittent bladder irrigation
 - re-inserting established suprapubic catheter
 - residual urine
 - retraining
 - urostomy

- bowel:
 - enema
 - fecal impaction
 - ostomies
 - irrigation
 - rectal tubes.

E-10-2 Demonstrate knowledge and ability to utilize devices and equipment related to elimination needs.

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Competency: **E-11**
Medical / Surgical Asepsis

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A Licensed Practical Nurse will:

- E-11-1 Demonstrate knowledge and ability to differentiate between medical and surgical asepsis.**
- E-11-2 Demonstrate knowledge and ability to apply principles of medical / surgical asepsis when providing nursing care and interventions:**
- clean and aseptic techniques
 - donning a mask
 - donning gloves
 - double bagging
 - gowning for isolation
 - hand washing
 - isolation techniques
 - sterile technique
 - specialized cleaning of equipment.

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Competency: **E-12**

Peritoneal Dialysis

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-12-1 Demonstrate knowledge of the anatomy and physiology of the renal system.**
- E-12-2 Demonstrate knowledge of the need for peritoneal dialysis.**
- E-12-3 Demonstrate knowledge of the risks to the client receiving peritoneal dialysis such as:**
- electrolyte imbalance
 - fluid level risks
 - infection / sepsis.
- E-12-4 Demonstrate knowledge and ability to care for catheter site and change dressings.**
- E-12-5 Demonstrate knowledge and ability to perform the procedures involved in peritoneal dialysis.**
- E-12-6 Demonstrate knowledge and ability to calculate weekly clearance of urea by client's kidneys.**
- E-12-7 Demonstrate knowledge and ability to provide support and teaching to client receiving peritoneal dialysis.**

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Competency: **E-13**
Foot Care

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-13-1 Demonstrate knowledge of human anatomy and physiology of feet and lower extremities.**
- E-13-2 Demonstrate knowledge of purpose of foot and nail care.**
- E-13-3 Demonstrate knowledge of common micro-organisms of the feet:**
- bacteria
 - viruses
 - fungi
 - yeast.
- E-13-4 Demonstrate knowledge and ability to provide basic foot care for clients.**
- E-13-5 Demonstrate knowledge of principles utilized to minimize risk of transmission of infection:**
- hand washing
 - appropriate mask, gloves, and protective barriers
 - care of instruments
 - antiseptic cleansing of feet
 - precautions with fungal nail dust
 - care of environment.
- E-13-6 Demonstrate knowledge of complications of diabetes and the effects on the feet:**
- neuropathy
 - decrease in sensation
 - decrease in movement
 - decrease in circulation.
- E-13-7 Demonstrate knowledge of complications of circulatory impairment.**
- E-13-8 Demonstrate knowledge and ability to teach appropriate foot care to client and caregiver.**

Competency: **E-13**

Foot Care

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A Licensed Practical Nurse will:

- E-13-9 Demonstrate knowledge and ability to access and refer clients to members of the multi-disciplinary team as necessary.**

- E-13-10 Demonstrate knowledge and ability to document and report procedure and client response.**

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Competency: **E-14**
Wound Care

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-14-1 Demonstrate knowledge of the physiology of wound healing.**
- E-14-2 Demonstrate knowledge and ability to apply skin care / wound management protocols according to agency policy.**
- E-14-3 Demonstrate knowledge and ability to identify clients at risk for skin breakdown.**
- E-14-4 Demonstrate the knowledge and ability to perform wound care such as:**
- acute wounds
 - malignant wounds
 - occlusive dressings
 - pressure dressings
 - skin ulceration wounds
 - specialized (wound equipment)
 - surgical wounds
 - traumatic wounds
 - wound compresses
 - wound irrigation
 - wounds with drain
 - wounds with packing.
- E-14-5 Demonstrate knowledge of purpose of wound debridement.**
- E-14-6 Demonstrate knowledge and ability to perform wound debridement.**

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Competency: **E-15**
Specimen Collection and Testing

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A Licensed Practical Nurse will:

E-15-1 Demonstrate the knowledge and ability to collect, test, store, transport, and document specimens such as:

- urine
- stool
- sputum
- tissue
- wound
- secretion swabs
- blood specimen
- phlebotomy (see Competency DD).

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Competency: **E-16**
Resource Utilization

Date: September 1, 2005

A Licensed Practical Nurse will:

- E-16-1 Demonstrate knowledge of appropriate resource utilization and the impact on practice and the health care system.**
- E-16-2 Demonstrate ability to consider safety, effectiveness, cost, and impact on practice:**
- in the planning and delivery of nursing care
 - when assigning care to others.
- E-16-3 Demonstrate ability to assist client and family in identifying and securing appropriate resources.**
- E-16-4 Demonstrate ability to utilize resources in a cost-effective manner.**

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Competency: **E-17**
Post Mortem Care

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A Licensed Practical Nurse will:

- E-17-1 Demonstrate the knowledge and ability to pronounce death.**
- E-17-2 Demonstrate the knowledge and ability to care for the body after death:**
 - respect cultural and religious beliefs
 - adherence to protocols related to autopsy, organ donation, and Medical Examiner's office
 - according to Personal Directives.
- E-17-3 Demonstrate the knowledge and ability to properly document, store, and return valuables.**
- E-17-4 Demonstrate the knowledge and ability to appropriately give emotional support to family and significant others.**
- E-17-5 Demonstrate the knowledge and ability to care for a body using standard precautions.**
- E-17-6 Demonstrate the knowledge and ability to notify appropriate health professional, family, and appropriate agency about client death.**
- E-17-7 Demonstrate knowledge and ability to notify funeral home, prepare documents, and arrange transfer of body to funeral home.**
- E-17-8 Demonstrate knowledge and ability to assist in post mortem examination and sample procurement.**