R: Community Health
A Licensed Practical Nurse will:

**R-1**

**Demonstrate knowledge and ability to apply critical thinking and critical inquiry throughout the nursing process in community health nursing for individuals, groups and communities:**
- holistic health assessments
- program/outcome planning
- implementation of services
- evaluation of outcomes and goals

**R-1-2**

**Demonstrate knowledge and ability to practice in accordance with professional Legislation, Regulation and standards for community health nursing including:**
- Public Health Act
- Communicable Diseases Regulation
- Canadian Community Health Nursing Standards of Practice
- Health Professions Act
- Alberta Licensed Practical Nurses Profession Regulation
- Standards of Practice
- Code of Ethics

**R-1-3**

**Demonstrate knowledge and ability to integrate community and primary health principles, nursing science and social science and humanities into community health nursing.**

**R-1-4**

**Demonstrate knowledge of social determinants of health and how they impact individuals, groups and communities.**

**R-1-5**

**Demonstrate knowledge of concepts of health promotion, protection, prevention and health maintenance/restoration in community health nursing:**
A Licensed Practical Nurse will:

R-1-6 **Demonstrate knowledge and ability to provide community health nursing to meet health needs of diverse communities including:**
- client homes/lodges/facilities
- community and public health centers
- correctional facilities
- hospices/parish environments
- nursing outposts
- primary health networks/physician and ambulatory clinics
- schools/educational facilities
- street clinics/youth centers/group homes

R-1-7 **Demonstrate knowledge and ability to provide health teaching and coaching associated with community health nursing.**

R-1-8 **Demonstrate knowledge and ability to communicate and collaborate with inter-professional team.**
A Licensed Practical Nurse will:

**R-2-1** Demonstrate knowledge and ability to provide evidence informed client centered care for individuals, groups and communities in community health settings including:
- advocate for client
- assess and manage risk
- assess, identify and evaluate goals/outcomes
- maintain and restore health
- model client centered care
- model cultural competence
- prevent disease and injury
- promote health/rehabilitation/restoration
- provide palliation
- support client transitions across continuum of care

**R-2-2** Demonstrate knowledge and ability to provide leadership at informal and formal levels in community health settings including:
- assess and manage resources
- create healthy living environments and networks
- develop and lead chronic disease management initiatives
- develop health teaching and coaching strategies
- implement strategic initiatives
- manage risk when working alone/travelling/home visits
- model flexibility and innovation
- perform triage in various settings
- provide coordination and leadership
- provide leadership as manager/administrator
A Licensed Practical Nurse will:

R-2-3 Demonstrates knowledge and ability to provide evidence informed end of life care, integrating palliative principles and values in community health settings including:

- holistic/client centered care
- managing difficult discussions regarding palliation and end of life
- open dialogue regarding end of life
- spiritual and religious support
- symptom management and comfort measures
A Licensed Practical Nurse will:

**R-3-1**  Demonstrate knowledge and ability to implement and utilize tools and strategies to address health promotion for individuals, groups and communities including:
- health concerns of at risk groups
- specific social determinant(s) of health
- specific health concerns

**R-3-2**  Demonstrate knowledge and ability to plan and participate in primary, secondary and tertiary disease prevention activities including:
- prevent onset
- address risk factors
- control and treat progression
- rehabilitation/restoration

**R-3-3**  Demonstrate knowledge and ability to incorporate health promotion into health teaching, coaching and care:
- strengthen skills of individuals to practice healthy behaviors
- create healthy social and physical environments to support behaviors
A Licensed Practical Nurse will:

**R-4-1** Demonstrate knowledge and ability to assess safety of self and others by recognizing and managing obvious and potential safety concerns including:
- implement prevention strategies
- identify and remove safety hazards
- monitor and manage care delivery environment
- monitor and manage unsafe/aggressive behavior

**R-4-2** Demonstrate knowledge and ability to organize and participate in client and family case conferences.

**R-4-3** Demonstrate knowledge and ability to assign, educate and supervise healthcare aide/unregulated provider in community health settings:
- implement standards for assignment of care
- ensure continuity of care
- provide mentorship, coaching and guidance
- evaluate and reassign as necessary

**R-4-4** Demonstrate knowledge and ability to plan, facilitate and coordinate access to healthcare services and other members of inter-professional team including:
- physician
- community pharmacist
- social service agencies
- home care services
- special care nurses (foot care, wound care, chronic disease, navigators)
- allied health professionals (physiotherapy, occupational therapy, speech therapy)
A Licensed Practical Nurse will:

R-4-5  **Demonstrate knowledge and ability to identify and adapt services for at-risk individuals, groups and communities including:**

- dependent
- disabled
- homeless
- isolated
- immigrants
- low socio-economic status
- transient and mobile
A Licensed Practical Nurse will:

**R-5-1** Demonstrate knowledge and ability to assess, plan, implement and evaluate evidence informed education and health teaching and coaching for individuals, groups and communities including:

- apply community health principles and practices
- apply empowerment strategies (mutual goal setting, visioning, facilitation)
- facilitate and support group development
- engage community based resources/experts
- engage individuals and groups in consultative process
- guide individuals and groups in resolution of issues
- organize, advertise, facilitate and lead education services
- recognize readiness of groups or community to participate
- utilize available resources to support action on health issues
- consult and collaborate with inter-professional team
A Licensed Practical Nurse will:

R-6-1 Demonstrate knowledge and ability to apply critical thinking and critical inquiry throughout the nursing process in public health nursing.

R-6-2 Demonstrate knowledge and ability to participate in public health population assessment and evaluation.

R-6-3 Demonstrate knowledge and ability to develop and deliver health promotion and disease prevention programs to facilitate healthy communities including:

- Healthy Beginnings Postpartum Program
- child/youth health programs
- chronic disease management
- community wellness
- emergency preparedness
- injury prevention
- screening and disease prevention
  - communicable diseases
  - breast cancer
- immunization management
  - implement immunization schedules
  - travel health protocols
  - vaccine administration
- tuberculosis clinics

R-6-4 Demonstrate knowledge and ability to provide client centered care to individuals, groups and communities within the school health program:

- client advocacy
- collaborate with school staff, students and parents
- health and wellness advice and promotion
- health curriculum support
- infection prevention and control
A Licensed Practical Nurse will:

R-6-4 **Demonstrate knowledge and ability to provide client centered care to individuals, groups and communities within the school health program:**
(cont’d)
- knowledge of school health priorities and key resources
- response to emergency situations
- safety policies and procedures
- screening, education, referrals, follow-up
- immunization protocol and practices

R-6-5 **Demonstrate knowledge and ability to communicate, consult and collaborate with inter-professional team.**
Major Competency Area:  R
Community Health

Competency:  R-7
Clinic Nursing

Date: June 1, 2015

A Licensed Practical Nurse will:

R-7-1 Demonstrate knowledge and ability to apply critical thinking and critical inquiry throughout the nursing process in clinic nursing.

R-7-2 Demonstrate knowledge and ability to apply community and primary health principles in clinic setting.

R-7-3 Demonstrate knowledge and ability to provide clinic nursing services including:
- treatment and interventions
- chronic disease management
- community rehabilitation
- coordination, consultation, referral
- disease prevention
- healthy living and wellness
- primary care services
- triage
- clinic coordination/management
- immunization management
- pap smears (on-site supervision by authorized professional(s))
- screening (cervical and breast cancer, sexually transmitted infections, allergy skin test)

R-7-4 Demonstrate knowledge and ability to provide health teaching and coaching in the clinic setting.
A Licensed Practical Nurse will:

R-8-1 Demonstrate knowledge and ability to apply critical thinking and critical inquiry throughout the nursing process related to case management.

R-8-2 Demonstrate knowledge of case management principles and processes in relation to Licensed Practical Nurse scope of practice.

R-8-3 Demonstrate knowledge and ability to model evidence informed client centered care to client, family, inter-professional team and care agencies.

R-8-4 Demonstrate knowledge and ability to perform advanced responsibilities of case manager specific to management of client care including:

- assess client data to determine service needs
- complete client care profile
- negotiate client placement
- communicate with client, family, placement site
- monitor client needs while waiting placement
- facilitate smooth transition of client into continuing care placement
  - collaborate with transition team
- facilitate completion of admission assessment and documentation as required including:
  - ongoing holistic assessment and monitoring
    - special assessments
    - Resident Assessment Instrument (InterRAI)
    - other assessments as appropriate
  - personal directives
  - power of attorney
  - guardianship/trusteeship
  - goals of care
  - medication reconciliation/medication assistance
- develop plan of care/goals of care in collaboration
A Licensed Practical Nurse will:

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<th>R-8-4</th>
<th>Demonstrate knowledge and ability to perform advanced responsibilities of case manager specific to management of client care including: (cont’d)</th>
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<tbody>
<tr>
<td></td>
<td>• perform regular and ongoing reviews and assessments</td>
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<td>• identify and address unmet client needs</td>
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<td>• facilitate ongoing communication and support</td>
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<td>• liaison with acute care if client transferred for episodic illness or injury</td>
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<td>• ongoing reassessment of plan of care/goals of care</td>
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<th>R-8-5</th>
<th>Demonstrate knowledge of and accountability in the advanced case manager role including:</th>
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<td>• demonstrate effective time management</td>
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<td>• manage multiple priorities and issues</td>
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<td>• care management and client advocacy</td>
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<td>• facilitate client health teaching and coaching</td>
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<td>• ensure ongoing accuracy of client health record</td>
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<td>• collaborate with inter-professional team</td>
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<td>• collaborate with continuing care agencies and community resources</td>
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<td>• facilitate open and timely communication</td>
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<td>• organize and leads case conferences</td>
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<td>• integrate best practices throughout care</td>
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<td>• deliver education as appropriate</td>
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<td>• manage complex situations</td>
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<td>• mediate and manages conflict</td>
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<td>• identify issues and barriers in continuum of care</td>
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<td>• implement clinical judgment to guide problem solving</td>
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<td>• demonstrate continual leadership development</td>
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<td>• manage resources effectively</td>
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| R-8-6 | Demonstrate knowledge and ability to communicate, consult and collaborate with inter-professional team.                   |