L: Pediatrics
A Licensed Practical Nurse will:

**L-1-1** Demonstrate ability to apply critical thinking and clinical judgment throughout the nursing process when caring for pediatric clients.

**L-1-2** Demonstrate knowledge of human anatomy and physiology of pediatric clients:
- cardiovascular system
- central nervous system
- gastrointestinal system
- genitourinary system
- growth and development stages
- integumentary system
- musculoskeletal system
- respiratory system.

**L-1-3** Demonstrate knowledge of common pediatric diseases and medical conditions such as:
- asthma
- congenital anomalies
- congenital heart disease
- cystic fibrosis
- downs syndrome
- muscular dystrophy
- respiratory syncytial virus (RSV)
- spectrum disorders
- trauma.

**L-1-4** Demonstrate knowledge and ability to assess family environment and support.
A Licensed Practical Nurse will:

L-1-5 Demonstrate knowledge and ability to identify suspicion and / or signs of physical, sexual, and mental abuse of child, and report and document as per agency policy.

L-1-6 Demonstrate ability to perform initial and ongoing physical assessment on all ages of pediatric clients.

L-1-7 Demonstrate ability to perform health admissions specific to pediatric nursing.

L-1-8 Demonstrate ability to assess need for pain management to pediatric client:
- age
- behaviors associated with pain
- cultural influence of family of infant / child
- location and intensity of pain
- medical treatment / intervention and potential for pain
- physiological and emotional behaviors
- previous medication and effectiveness
- subjective and objective data related to pain
- weight.

L-1-9 Demonstrate ability to report and document related to pain management:
- behaviors that indicate presence of pain
- physiological and emotional changes related to pain
- effectiveness of pain management, support
- pain assessment results
- time of medication or other therapy to manage pain and effectiveness
- need to collaborate with other health professionals as necessary.
A Licensed Practical Nurse will:

L-2-1 Demonstrate knowledge of safety precautions used in infant / child care such as:
- checking mechanical equipment
- identification of client
- inspecting toys
- keeping personal care supplies out of child’s reach
- knowing the physical and cognitive abilities of the infant and child
- maintain close physical contact when caring for the infant and child
- medical asepsis
- medication out of the child’s sight and reach and locked up
- prevention of cross contamination
- provision of secure environment
- understanding and applying precaution when oxygen is in use.

L-2-2 Demonstrate understanding of the legalities and agency policy regarding alternatives to restraint or use of restraint on pediatric client.

L-2-3 Demonstrate knowledge and ability to use protective devices as per agency policy.
Major Competency Area: L

Pediatrics

Priority: One

Competency: L-3

Support and Teaching to Client / Family

Date: September 1, 2005

A Licensed Practical Nurse will:

**L-3-1** Demonstrate ability to provide support to pediatric client / family.

**L-3-2** Demonstrate ability to teach pediatric client / family in relation to areas such as:
- compliance with treatment
- diagnosis
- discharge
- hospital / home routine
- medication / pain management
- play area
- rest period.

**L-3-3** Demonstrate ability to assist child / family to adjust to hospitalization:
- behaviors indicating adjustment or lack of adjustment to hospitalization
- call child by name
- discuss concerns and involving parent or significant other
- encourage two-way communication
- introduce child and parent to other children in the room
- listen to how the child feels and encourage questions
- manage anxieties observed or expressed by client / family
- meet the emotional needs of those involved
- prepare equipment for admission in advance
- provide for child and parent comfort
- providing orientation to unit
- use empathy in responding to fears of the child and family.

**L-3-4** Demonstrate ability to identify and meet emotional needs of family and significant others in coping with infant / child illness.
A Licensed Practical Nurse will:

L-3-5 **Demonstrate ability to provide discharge teaching to parent and significant other:**
- referral agencies
- follow up appointment with physician
- awareness of signs and symptoms of complications
- information regarding medication, diet, exercise, and activities.

L-3-6 **Demonstrate knowledge of the roles of the health care team in assisting the pediatric client, parent, and significant other through child’s illness.**
Major Competency Area: **L**

**Pediatrics**

Priority: **One**

**Competency: L-4**

**Knowledge and Use of Pediatric Equipment**

Date: September 1, 2005

A Licensed Practical Nurse will:

- **L-4-1** Demonstrate knowledge and ability to safely utilize specific pediatric equipment as per agency policy.