

CC: Advanced Foot Care

Major Competency Area: **CC**
Advanced Foot Care

Competency: **CC-1**
Self-Regulation and Accountability

Date: June 1, 2015

A Licensed Practical Nurse will:

CC-1-1 Demonstrate knowledge and understanding of the foot care restricted activity in the Health Professions Act Licensed Practical Nurse (LPN) Regulation (2013).

CC-1-2 Demonstrate knowledge and ability to provide advanced foot care in accordance with professional Legislation, Regulation, Standards and Guidelines.

Note: LPNs who practice advanced foot care complete additional education.

Major Competency Area: **CC**
Advanced Foot Care

Competency: **CC-2**
Advanced Foot Care Practice

Date: June 1, 2015

A Licensed Practical Nurse will:

CC-2-1 Demonstrate knowledge and ability to apply critical thinking and critical inquiry in application of the nursing process while performing advanced foot care.

CC-2-2 Demonstrate knowledge of anatomy, physiology, pathophysiology and biomechanics of lower limbs and feet.

CC-2-3 Demonstrate knowledge and ability to perform invasive and non-invasive foot care including:

- principles and application of padding and strapping techniques
- contraindications of padding
- removal of tissue:
 - corns
 - callus
- operation of manual/electronic tools and devices:
 - blade
 - clippers
 - curette
 - file
 - ultrasound (doppler)

CC-2-4 Demonstrate knowledge and ability to recognize, monitor and manage common lower limb and foot disorders including:

- abnormal nails (thick, fungus, ingrown)
- athletes' foot
- bunions
- hammer, claw and mallet toes
- warts

CC-2-5 Demonstrate knowledge of conditions that impact lower limbs and feet including:

- arthritis
- calluses
- cellulitis

A Licensed Practical Nurse will:

CC-2-5 Demonstrate knowledge of conditions that impact lower limbs and feet including: (cont'd)

- edema
- diabetes mellitus
- plantar fasciitis
- peripheral vascular disease
- circulatory/neurological disorders

CC-2-6 Demonstrate knowledge and ability to monitor and manage pain associated with advanced foot care.

CC-2-7 Demonstrate knowledge and ability to implement principles of wound management in advanced foot care.

CC-2-8 Demonstrate knowledge and ability to provide health teaching and coaching throughout advanced foot care.

CC-2-9 Demonstrate knowledge and ability to initiate referral to other advanced foot care practitioner when necessary.

CC-2-10 Demonstrate knowledge and ability to manage information according to the following principles including:

- accurate record of services provided
- confidentiality of client information
- documentation of client consent and/or signed business contract
- expected and actual outcomes of nursing services
- secure storage, retention and authorized release of client information
- policies and procedures of independent practice as necessary

CC-2-11 Demonstrate knowledge and ability to apply infection prevention and control guidelines in delivery of advanced foot care including:

- cleaning, disinfection and sterilization of reusable foot care devices
- hand washing
- handling foot care equipment
- personal protective equipment
- workplace hazardous materials information system

CC-2-12 Demonstrate knowledge and ability to establish an independent advanced foot care practice.