

Q: Rehabilitation

Major Competency Area: **Q**
Rehabilitation

Competency: **Q-1**
Rehabilitation Nursing

Date: June 1, 2015

A Licensed Practical Nurse will:

- Q-1-1 Demonstrate knowledge and ability to apply critical thinking and critical inquiry throughout the nursing process in rehabilitation.**
- Q-1-2 Demonstrate knowledge of concepts of rehabilitation and restorative care of client including:**
- address deficits in physical and/or cognitive status
 - acute, episodic, chronic
 - promote functional restoration
 - psychosocial
 - cultural
 - developmental
 - economic
 - emotional
 - environmental
 - mental
 - social
 - spiritual
 - physiological
 - cognitive
 - biological
 - functional
 - physical
 - pain management
 - pharmacological
 - non-pharmacological
 - alignment of treatment modalities
- Q-1-3 Demonstrate knowledge and ability to facilitate a positive rehabilitative perspective and environment including:**
- addressing barriers to recovery
 - client focused
 - empowering client

A Licensed Practical Nurse will:

- Q-1-3 Demonstrate knowledge and ability to facilitate a positive rehabilitative perspective and environment including: (cont'd)**
- encouraging productive lifestyle
 - engaging family and others
 - identifying coping mechanisms
 - managing goals of care and recovery outcomes
 - promoting self-confidence
- Q-1-4 Demonstrate knowledge and ability to support self-management of episodic and chronic pain.**
- Q-1-5 Demonstrate knowledge and ability to provide health teaching and coaching to client, family and others associated with rehabilitation including:**
- activities of daily living
 - adaptive and environmental aids
 - changes in abilities
 - communication techniques
 - cultural and religious influences
 - family dynamics
 - functional independence
 - nutritional needs
 - psychological issues
- Q-1-6 Demonstrate knowledge and ability to collaborate with inter-professional team to prepare client, family and others for transition home.**
- Q-1-7 Demonstrate knowledge and ability to communicate and collaborate with inter-professional team.**

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