



COMPETENCY PROFILE UPDATE

E-6 & E-7: Nursing Practice - Nutrition/Hydration and Elimination
January 31, 2017

The College of Licensed Practical Nurses of Alberta's (CLPNA) Competency Profile for Licensed Practical Nurses, 3rd Edition (2015), is a "living document" which is updated and revised on an ongoing basis to reflect current Licensed Practical Nurse (LPN) competencies and practice.

This Competency Profile Update is effective January 31, 2017, Competency Band E-6, Nutrition/Hydration, page 45, and Competency Band E-7, Elimination, page 46 (June 1, 2015) will be replaced with the new competency document attached:

E-6, Nutrition/Hydration (update Jan 2017)
E-7, Elimination (update Jan 2017)

Reason for the Update:

These Competency Bands have undergone review due to varied practice interpretations of E-6, Nutrition/Hydration and E-7, Elimination. The CLPNA is providing this Competency Profile update to enhance clarity of the LPN competencies and scope of practice.

LPNs and stakeholders are encouraged to review the LPNs authorized list of restricted activities and the associated Competency Profile bands:

- [The Licensed Practical Nurses Profession Regulation \(2003\)](#)
- [The CLPNA Competency Profile for Licensed Practical Nurses, 3rd Edition \(2015\)](#)

Please ensure your copy of the Competency Profile is up to date and inclusive of this Competency Update.

Office of Accountability	Practice Department
Office of Administrative Responsibility	Practice Department
Scope and Applicability	This Competency Profile update to E-6, E-7 extends to all LPN and applies to all practice settings where nurses work.
Publication Date	Competency Profile for LPNs, 3 rd Edition, June, 2015
Approval Date	June, 2015
Revision Date	January 31, 2017
Approver	Director of Professional Practice
Sponsor	Director of Policy Development

Major Competency Area: **E**
Nursing Practice

Competency: **E-6**
Nutrition/Hydration

Updated: January 31, 2017

A Licensed Practical Nurse will:

- E-6-1** **Demonstrate knowledge and ability to assess and provide nutrition/hydration by multiple routes:**
- enteral
 - gastrostomy
 - hypodermoclysis
 - intravenous
 - jejunostomy
 - nasogastric
 - nasojejunal
 - oral
 - orogastric
 - [intraosseous \(amended Jan. 31, 2017\)](#)
- E-6-2** **Demonstrate knowledge and ability to insert, [manage, and](#) remove a nasogastric tube [\(with a stylet\)](#). (amended Jan. 31, 2017).**
- E-6-3** **Demonstrate knowledge and ability to reinsert established gastrostomy tube.**
- E-6-4** **Demonstrate knowledge and ability to perform basic chewing and swallowing assessment and manage associated client care needs.**
- E-6-5** **Demonstrate knowledge and ability to monitor, regulate, [and discontinue](#) Total Parenteral Nutrition (TPN) [\(amended Jan. 31, 2017\)](#).**

Note: LPNs are not authorized to provide the restricted activity of [initiating the administration of TPN](#) (amended Jan. 31, 2017).

Major Competency Area: **E**
Nursing Practice

Competency: **E-7**

Elimination

Updated: January 31, 2017

A Licensed Practical Nurse will:

E-7-1 Demonstrate knowledge and ability to manage elimination needs including:

- urinary:
 - bladder scanning
 - catheter flush
 - continuous bladder irrigation
 - distension
 - double J stent
 - incontinence
 - inserting and removing urethral and coude catheter
 - nephrostomy
 - re-inserting established suprapubic catheter
 - residual urine
 - retraining
 - urethrostomy
 - urostomy
 - vaginal pessary
- bowel:
 - digital stimulation
 - enema
 - fecal disimpaction
 - ostomies
 - irrigation
 - rectal tubes

E-7-2 Demonstrate knowledge and ability to utilize devices and equipment related to elimination needs.

Note: LPNs are not authorized to insert **urological devices, for the purpose of aiding elimination, using a guide-wire or stylet (amended Jan. 31, 2017).**