

National Nursing Week Celebration Ideas

Want some ideas for activities to raise the profile of the profession of nursing for National Nursing Week? We suggest:

- Define what is it that makes you glad to be a nurse: write it down, talk about it with anyone who will listen, and post it on your social media accounts.
- Pull out your nursing graduation photo and pin and remember the joy you felt, share your pictures at work to recognize each other.
- Take time with your colleagues to share stories of inspiration and motivation.
- Encourage a new nurse, remembering what it was like when you started out.
- Organize a celebratory party at your workplace.
- Set up a blood pressure clinic with your colleagues.
- Visit your child's school to discuss professional nursing.
- Make an appointment with the local school career counselor to discuss nursing.
- Stop and remember the privilege you have each day to care for people who need you.

Celebrating on a Budget?

Celebrate with your fellow nurses! Let the community know what nurses do, reward each other, celebrate your team!

- Hand out a roll of Lifesavers with a note saying, "You are a Lifesaver."
- Post pictures of your team in a visible place with captions below with the nurses' name and describe one of their best qualities.
- Ask members of other departments to stop by to say "thank you" to your team.
- Give a hand written "Thank You" note to another nurse
- Give out inexpensive buttons to unify the team and let others know it's a special time.
- Set up a poster or bulletin board and ask staff to write down all the great things about working as a team.
- Take digital pictures during your weeklong celebration, and then turn them into a slideshow. Share popcorn and lemonade as you view the highlights on a meeting room's big screen.
- **Unify With a Special Project**-Take part in a team fundraiser. Working together with a goal in mind is a great way to reinforce team spirit. Plus, doing something for others makes everyone feel good.
- **Create Your Own Spa Retreat**-Arrange for free massages (massage schools have to get so many clinical hours and are often willing to offer massages for special events), or create a quiet place to re-energize. Provide soothing music and stress-relief kits with stress balls, appropriately funny notes and herbal teas.