N: Mental Health and Addiction

Please note: Competencies within this section of the Profile are to be taken in consideration with competencies outlined throughout this document and are not intended to be standalone.

Important: LPNs are responsible to ensure they have any required education or training and the individual competence prior to performing these competencies.
Competency Statement - A Licensed Practical Nurse will:

N-1-1  Demonstrate knowledge and application of legislation pertaining to mental health and addictions.

N-1-2  Demonstrate knowledge and ability to provide evidence informed person centered care in relation to mental health and addiction nursing:
- engage patient in plan of care
- identify role of guardian or agent
- treatment regimen

N-1-3  Demonstrate knowledge and ability to recognize mental illness from mental wellness.

N-1-4  Demonstrate knowledge and understanding of mental health condition or illness:
- anxiety and adjustment disorders
- alcohol and substance related disorders
- dementia and Alzheimer’s disease
- brain injury
- developmental and spectrum disorders
- eating disorders
- mood disorders
- personality disorders
- post-traumatic stress disorder
- psychosis related disorders
- suicidal ideation

N-1-5  Demonstrate knowledge and understanding of developmental and childhood spectrum disorders and the potential future implications for health and wellness.

N-1-6  Demonstrate knowledge and ability to support patient, family, and others with coping strategies and community based resources.

N-1-7  Demonstrate knowledge and ability to perform holistic mental health assessments of patient, family, and groups in a variety of healthcare settings across the continuum of care.

N-1-8  Demonstrate knowledge and parameters of diagnostic tools used in mental health assessment:
- Agitated Behavior Scale
- Diagnostic and Statistical Manual of Mental Disorders Volume 5 (DSM-5)
- Geriatric Depression Scale
- Mini Mental State Examination (MMSE)
- Montreal Cognitive Assessment (MoCA)
- Screening for Distress and suicide risk
- Sleep Study

N-1-9  Demonstrate knowledge and ability to assess and manage signs and symptoms of a change in mental health status:
- behavioral
- emotional
- intellectual
- level of alertness and activity
- perception of reality
- suicidal ideation
Major Competency
N: Mental Health and Addiction

Competency
N-1: Mental Health and Addiction Nursing and Interventions

Competency Statement - A Licensed Practical Nurse will:

N-1-10 Demonstrate knowledge and ability to assess and manage signs and symptoms associated with substance abuse:
- dependency
- intoxication
- relapse
- withdrawal

N-1-11 Demonstrate knowledge and ability to assess and manage mental health and addiction patients with concurrent conditions:
- acquired immune deficiency syndrome (AIDS)
- endocrine imbalance
- hepatitis C
- human immunodeficiency virus infection
- physical or physiological
- pregnancy
- psychotic illness

N-1-12 Demonstrate knowledge and ability to recognize stressors associated with mental health and addiction:
- access to resources and services
- adaptability to change/coping skills
- behavioral manifestations
- social determinants of health
- stigma
- barriers to recovery

N-1-13 Demonstrate knowledge and ability to recognize and intervene in crisis situations.

N-1-14 Demonstrate knowledge and ability to implement or assist with psychosocial interventions in consultation with authorized professional(s):
- art and music therapy
- behavior modification
- cognitive behavioral therapy
- drug recovery
- family therapy
- motivational therapy
- occupational therapy
- peer and group therapy
- positive and negative reinforcement
- psychoanalysis
- psychotherapy

N-1-15 Demonstrate knowledge and ability to apply principles of pharmacokinetics and pharmacodynamics specific to medication management in mental health and addiction nursing.

N-1-16 Demonstrate knowledge and ability to assist with provision of electroconvulsive (ECT) therapy:
- pre and post procedural assessments and care
- intraprocedural assessment, monitoring, and care
- ongoing patient observation
Major Competency
N: Mental Health and Addiction

Competency
N-2: Managing Aggressive Responses

Competency Statement - A Licensed Practical Nurse will:

N-2-1 Demonstrate knowledge and ability to identify physiologic determinants and behavioral predispositions for aggressive patient response towards self and others.

N-2-2 Demonstrate knowledge and ability to assess signs of potential aggression and implement preventative measures.

N-2-3 Demonstrate knowledge and ability to apply physical, chemical, or environmental restraints according to appropriate use and employer requirements.

N-2-4 Demonstrate knowledge and ability to promote safety of self and others when managing aggressive patient responses.

N-2-5 Demonstrate knowledge and ability to complete post incident management according to employer requirements.