J: Cardiovascular

Please note: Competencies within this section of the Profile are to be taken in consideration with competencies outlined throughout this document and are not intended to be standalone.

Important: LPNs are responsible to ensure they have any required education or training and the individual competence prior to performing these competencies.

Major Competency J: Cardiovascular

Competency

J-1: Cardiovascular Nursing and Interventions

Competency Statement - A Licensed Practical Nurse will:

J-1-1 Demonstrate knowledge and understanding of anatomy, physiology, and pathophysiology of the cardiovascular system and cardiovascular disease:

- cardiac cycle and conduction pathway
 - o arthrosclerosis
 - dysrhythmias
 - valve insufficiency or stenosis
 - cardiomyopathy
 - o congenital heart disease or anomaly
 - pericarditis, myocarditis, endocarditis
- blood pressure and central venous pressure

- cardiovascular diseases and disorders
 - o heart failure or organ system failure
 - o hypercholesterolemia and dyslipidemia
 - hyper and hypotension
 - ischemic heart disease
 - peripheral artery disease
- decompensation, shock, hypovolemic shock

J-1-2 Demonstrate knowledge and ability to assess and monitor the cardiovascular patient:

- hemodynamics
- lab values and biochemical markers
- peripheral diagnostic interventional procedures
- renal sufficiency
- venous thromboembolism

- prepare patient for diagnostic procedures, treatments, and surgery
- sequential compression device
- vital signs
- differentiate normal rhythm and arrhythmia
- implement pre and post procedure protocols

J-1-3 Demonstrate knowledge and ability to utilize cardiac equipment:

- apply 3 and 5 lead electrocardiograms (ECG)
- apply telemetry equipment
 - resuscitation equipment:
 - o external defibrillator
 - non-invasive and mechanical ventilation
- bag and mask
- o crash cart

J-1-4 Demonstrate knowledge of the use of cardiac devices:

- external cardiac pacing
- echocardiography
- 24-hour Holter monitor

- pacemaker
- central venous pressure (CVP) and arterial lines

Major Competency J: Cardiovascular

Competency

J-1: Cardiovascular Nursing and Interventions

Competency Statement - A Licensed Practical Nurse will:

- J-1-5 Demonstrate knowledge and understanding of normal and abnormal lab values and cardiac markers.
- J-1-6 Demonstrate knowledge and ability to apply principles of pharmacokinetics and pharmacodynamics specific to medication management in cardiovascular nursing according to employer requirements.
- J-1-7 Demonstrate knowledge and understanding of indications, contraindications, and complications related to cardiovascular diagnostic tests and procedures:
 - angiogram (radial, femoral)
 - angioplasty and stents
 - coronary artery bypass grafting
 - echocardiogram (transthoracic, transesophageal)
 - cardiac stress test

- radionuclide angiography:
 - MIBI scan (Cardiolite, Perantine)
 - multiple gated acquisition
 - o thallium scan
- right heart catheterization
- tilt test
- J-1-8 Demonstrate knowledge and ability to anticipate and recognize actual or potential life-threatening health crisis:
 - alteration in cardiac output
 - impaired tissue perfusion (compartment syndrome)
 - cardiac arrhythmias
 - cardiac tamponade

- cardiomyopathy
- congenital heart defect
- congestive heart failure
- myocardial infarction
- shock
- J-1-9 Demonstrate knowledge and ability to recognize signs and symptoms of a life-threatening cardiac event and initiate or assist with cardiopulmonary resuscitation.
- J-1-10 Demonstrate knowledge of internal and external cardiac pacing devices and indications for use:
 - telemetry equipment
 - external pacemaker and implantable cardioverter defibrillator (ICD) complications:
 - o failure to output
 - o failure to capture
 - sensing abnormalities

Major Competency J: Cardiovascular

Competency

J-1: Cardiovascular Nursing and Interventions

Competency Statement - A Licensed Practical Nurse will:

J-1-11 Demonstrate knowledge and ability to care for patient requiring advanced cardiac observation and interventions:

- mechanical ventilation
- hemodynamic monitoring
 - o central venous pressure (CVP)
 - o arterial line

J-1-12 Demonstrate knowledge and ability to assist with or provide cardiac procedures and treatments:

- assess and monitor diagnostic and lab values
- 12 and 15 lead ECG application and interpretation
 - rhythm, rate, P-wave configuration, PR interval, QRS duration/ configuration, inversion flattening, other wave anomalies
- atrial fibrillation protocol
- monitor and manage symptoms of arrhythmias and cardiac tamponade
- monitor and remove radial bands
- monitor femoral sheaths and epicardial pacing wires