

N: Mental Health and Addiction

Please note: Competencies within this section of the Profile are to be taken in consideration with competencies outlined throughout this document and are not intended to be standalone.

Important: LPNs are responsible to ensure they have any required education or training and the individual competence prior to performing these competencies.

Major Competency
N: Mental Health and Addiction

Competency
N-1: Mental Health and Addiction Nursing and Interventions

Competency Statement - A Licensed Practical Nurse will:

- N-1-1 Demonstrate knowledge and application of legislation pertaining to mental health and addictions.**
- N-1-2 Demonstrate knowledge and ability to provide evidence informed person-centered care in relation to mental health and addiction nursing:**
- engage patient in plan of care
 - identify role of guardian or agent
 - treatment regimen
- N-1-3 Demonstrate knowledge and ability to recognize mental illness from mental wellness.**
- N-1-4 Demonstrate knowledge and understanding of mental health condition or illness:**
- anxiety and adjustment disorders
 - alcohol and substance related disorders
 - dementia and Alzheimer’s disease
 - brain injury
 - developmental and spectrum disorders
 - eating disorders
 - mood disorders
 - personality disorders
 - post-traumatic stress disorder
 - psychosis related disorders
 - suicidal ideation
- N-1-5 Demonstrate knowledge and understanding of developmental and childhood spectrum disorders and the potential future implications for health and wellness.**
- N-1-6 Demonstrate knowledge and ability to support patient, family, and others with coping strategies and community-based resources.**
- N-1-7 Demonstrate knowledge and ability to perform holistic mental health assessments of patient, family, and groups in a variety of healthcare settings across the continuum of care.**
- N-1-8 Demonstrate knowledge and parameters of diagnostic tools used in mental health assessment:**
- Agitated Behavior Scale
 - Diagnostic and Statistical Manual of Mental Disorders Volume 5 (DSM-5)
 - Geriatric Depression Scale
 - Mini Mental State Examination (MMSE)
 - Montreal Cognitive Assessment (MoCA)
 - Screening for Distress and suicide risk
 - Sleep Study
- N-1-9 Demonstrate knowledge and ability to assess and manage signs and symptoms of a change in mental health status:**
- behavioral
 - emotional
 - intellectual
 - level of alertness and activity
 - perception of reality
 - suicidal ideation

Major Competency
N: Mental Health and Addiction

Competency
N-1: Mental Health and Addiction Nursing and Interventions

Competency Statement - A Licensed Practical Nurse will:

N-1-10 Demonstrate knowledge and ability to assess and manage signs and symptoms associated with substance abuse:

- dependency
- relapse
- intoxication
- withdrawal

N-1-11 Demonstrate knowledge and ability to assess and manage mental health and addiction patients with concurrent conditions:

- acquired immune deficiency syndrome (AIDS)
- human immunodeficiency virus infection
- endocrine imbalance
- physical or physiological
- hepatitis C
- pregnancy
- psychotic illness

N-1-12 Demonstrate knowledge and ability to recognize stressors associated with mental health and addiction:

- access to resources and services
- social determinants of health
- adaptability to change and coping skills
- stigma
- behavioral manifestations
- barriers to recovery

N-1-13 Demonstrate knowledge and ability to recognize and intervene in crisis situations.

N-1-14 Demonstrate knowledge and ability to implement or assist with psychosocial interventions as a member of a multidisciplinary team (see Standard of Practice #15, section Z of this document).

- art and music therapy
- occupational therapy
- behavior modification
- peer and group therapy
- cognitive behavioral therapy
- positive and negative reinforcement
- drug recovery
- psychoanalysis
- family therapy
- psychotherapy
- motivational therapy

N-1-15 Demonstrate knowledge and ability to apply principles of pharmacokinetics and pharmacodynamics specific to medication management in mental health and addiction nursing.

N-1-16 Demonstrate knowledge and ability to assist with provision of electroconvulsive (ECT) therapy:

- pre and post procedural assessments and care
- intraprocedural assessment, monitoring, and care
- ongoing patient observation

Major Competency
N: Mental Health and Addiction

Competency
N-2: Managing Aggressive Responses

Competency Statement - A Licensed Practical Nurse will:

- N-2-1 Demonstrate knowledge and ability to identify physiologic determinants and behavioral predispositions for aggressive patient response towards self and others.**
- N-2-2 Demonstrate knowledge and ability to assess signs of potential aggression and implement preventative measures.**
- N-2-3 Demonstrate knowledge and ability to apply physical, chemical, or environmental restraints according to appropriate use and employer requirements.**
- N-2-4 Demonstrate knowledge and ability to promote safety of self and others when managing aggressive patient responses.**
- N-2-5 Demonstrate knowledge and ability to complete post incident management according to employer requirements.**